



## 2022 FEMALE / MALE 5K AGE GROUP RESULTS

### Top Females Overall

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	258	HANNAH LEE	18:44.0	6:03	F	25	DURHAM	NC	
2	123	HANNAH BERNHARDT	20:45.5	6:42	F	18	DURHAM	NC	
3	404	BRITTANY YOUNG	20:57.5	6:45	F	24	MECHANICSVILLE	VA	

### Top Female Master

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	420	VIRGINIA HALL	21:38.8	6:59	F	49	DURHAM	NC	

### Top Males Overall

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	203	WILL GORDON	16:33.0	5:20	M	16	DURHAM	NC	
2	348	CASEY SATTERFIELD	16:36.3	5:21	M	16	DURHAM	NC	
3	407	KABIR ZOTA-STULL	17:10.5	5:32	M	15	DURHAM	NC	Forehead Flyers

### Top Male Master

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	349	TUCK SATTERFIELD	20:31.4	6:37	M	50	DURHAM	NC	

### MALES 14 & Under

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	383	LUCAS VAN MATER	17:20.4	5:35	M	13	HILLSBOROUGH	NC	Duke ABD
2	356	COLE SEASE	19:31.2	6:18	M	12	DURHAM	NC	
3	154	DORAN CUMMINGS	20:15.2	6:32	M	11	DURHAM	NC	
4	180	AYYUB ELGENK	20:20.3	6:34	M	11	DURHAM	NC	
5	249	IVAN KAISER-POTTER	20:41.9	6:40	M	11	DURHAM	NC	
6	326	VIKRAM PREMAKUMAR	21:31.7	6:56	M	14	DURHAM	NC	Team Jodi
7	236	LIAM HOFF	22:17.7	7:11	M	11	DURHAM	NC	Runbuds
8	184	ZAKARIYYA ELGENK	22:27.9	7:15	M	13	DURHAM	NC	
9	267	SAMUEL MARTINSON	23:05.3	7:27	M	10	DURHAM	NC	
10	378	WILLIAM TURNER	23:23.1	7:33	M	13	CHAPEL HILL	NC	Duke ABD
11	216	JOHN PAUL HANCZARYK	23:30.1	7:35	M	13	DURHAM	NC	
12	439	FOREST TARR	24:12.3	7:48	M	12	DURHAM	NC	
13	183	RASHEED ELGENK	24:33.3	7:55	M	7	DURHAM	NC	
14	366	PORTER SOMERS	24:48.3	8:00	M	7	DURHAM	NC	
15	346	WOODSON RUTHERFORD	25:31.5	8:14	M	12	DURHAM	NC	
16	388	ROSS VIRDIN	27:37.6	8:55	M	14	DURHAM	NC	
17	273	DYLAN MASON	28:39.9	9:15	M	9	CHAPEL HILL	NC	
18	353	QUIN SCHNEIDERMAN	28:44.4	9:16	M	7	DURHAM	NC	
19	105	RAFI ARGAO	28:54.0	9:19	M	11	DURHAM	NC	
20	228	ELLIS HENRY	29:32.3	9:32	M	13	CARRBORO	NC	Environmental Defense Fund
21	433	DONOVAN SHULL	30:27.3	9:49	M	11	DURHAM	NC	
22	389	WILLIAM VIRDIN	32:30.2	10:29	M	12	DURHAM	NC	
23	274	FELIX MASON	32:46.0	10:34	M	6	CHAPEL HILL	NC	
24	266	LOUIS MARTINSON	32:50.0	10:35	M	7	DURHAM	NC	
25	160	JACKSON DAVIS	33:09.3	10:42	M	11	DURHAM	NC	
26	199	CODY GALIK	33:46.2	10:54	M	9	DURHAM	NC	
27	177	EDWARD EGGER	35:29.9	11:27	M	10	DURHAM	NC	
28	126	STONE BODNAR	36:50.0	11:53	M	6	DURHAM	NC	
29	148	MILO CORDELL	38:56.3	12:34	M	7	DURHAM	NC	
30	292	WILLIAM MCDOW	43:00.9	13:52	M	9	ATLANTA	GA	Florence's Dozens of Cousins
31	208	LUKE GUARINO	43:51.6	14:09	M	12	CARY	NC	
32	164	CROSBY DELLI-GATTI	45:19.4	14:37	M	9	RALEIGH	NC	Delli-Gatti
33	376	CYRUS TURNER	49:23.4	15:56	M	14	COLUMBUS	OH	Florence's Dozens of Cousins

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
34	278	HENRY MAURER	49:26.9	15:57	M	6	RALEIGH	NC	

#### MALES 15 - 19

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	117	SAMUEL BARTLETT	17:10.5	5:32	M	18	DURHAM	NC	
2	382	JOSH VAN MATER	19:36.3	6:19	M	19	HILLSBOROUGH	NC	Duke ABD
3	333	HUNTER RICHARDS	19:43.7	6:22	M	18	ROCK HILL	SC	
4	124	OTIS BIRNBAUM	26:40.5	8:36	M	16	LOS ANGELES	CA	Zwernbaum
5	157	WEBB CUMMINGS	47:50.8	15:26	M	16	DURHAM	NC	
6	290	SOLLY MCDOW	51:51.5	16:44	M	16	COLUMBUS	OH	Florence's Dozens of Cousins
7	287	LIN MCDOW	51:56.9	16:45	M	18	COLUMBUS	OH	Florence's Dozens of Cousins

#### MALES 24 - 29

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	120	SAM BERNHARD	27:27.0	8:51	M	27	DURHAM	NC	

#### MALES 30 - 34

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	218	SAM HANEY	19:14.1	6:12	M	30	DURHAM	NC	
2	397	KEVIN WHITE	36:25.4	11:45	M	34	HILLSBOROUGH	NC	

#### MALES 40 - 44

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	181	HUSSEIN ELGENK	24:35.1	7:56	M	44	DURHAM	NC	
2	162	WILL DEAN	26:00.9	8:23	M	43	DURHAM	NC	
3	192	OCTAVIO FLORES	26:53.2	8:40	M	44	DURHAM	NC	
4	215	BRIAN HANCZARYK	27:50.0	8:59	M	43	DURHAM	NC	
5	275	IAN MASON	28:40.7	9:15	M	41	CHAPEL HILL	NC	
6	224	CHRISTOPHER HEERY	28:49.9	9:18	M	42	DURHAM	NC	
7	335	RONALD RICHARDS	32:17.4	10:25	M	43	ROCK HILL	SC	
8	345	RICHARD RUTHERFORD	32:56.8	10:37	M	40	DURHAM	NC	
9	198	CHRISTOPHER GALIK	33:49.1	10:55	M	44	DURHAM	NC	
10	196	CALEB FRAZIER	34:40.5	11:11	M	43	WAKE FOREST	NC	
11	394	JOHN WEICHER	35:06.6	11:19	M	44	RALEIGH	NC	First Pres Durham
12	146	BOB CORDELL	38:56.3	12:34	M	44	DURHAM	NC	
13	268	GARY MASLOW	45:51.5	14:47	M	43	DURHAM	NC	Zammy Zander Team
14	362	JOHN SMITH	48:16.9	15:34	M	41	HILLSBOROUGH	NC	
15	189	ZACH FISHER	1:02:04.5	20:01	M	41	CHAPEL HILL	NC	Luka The Lion

#### MALES 45 - 49

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	155	DREW CUMMINGS	22:30.9	7:15	M	49	DURHAM	NC	
2	365	MICHAEL SOMERS	27:42.9	8:56	M	45	DURHAM	NC	
3	416	LUKE EVERETT	28:21.8	9:09	M	46	DURHAM	NC	
4	380	DAVID VAN MATER	28:56.9	9:20	M	46	HILLSBOROUGH	NC	Duke ABD
5	440	JEREMY TARR	29:00.0	9:21	M	45	DURHAM	NC	
6	325	SANJAY PREMAKUMAR	31:14.0	10:05	M	48	DURHAM	NC	Team Jodi
7	231	THOMAS HENRY	31:47.5	10:15	M	45	CARRBORO	NC	Environmental Defense Fund
8	387	JOHN VIRDIN	32:32.9	10:30	M	46	DURHAM	NC	
9	265	JARED MARTINSON	32:51.9	10:36	M	45	DURHAM	NC	
10	318	MARC PHILLIPS	34:31.4	11:08	M	49	DURHAM	NC	
11	179	JOSEPH EGGER	35:32.6	11:28	M	45	DURHAM	NC	
12	443	BRIAN VANDERSEA	51:43.4	16:41	M	49	CHAPEL HILL	NC	OMSA
13	377	PIERS TURNER	51:59.8	16:46	M	47	COLUMBUS	OH	Florence's Dozens of Cousins
14	354	ED SCHUTZ	52:11.7	16:50	M	48	CARY	NC	Duke ABD
15	116	WALT BARRON	1:02:12.1	20:04	M	47	DURHAM	NC	

#### MALES 50 - 54

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
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Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	173	BRIAN DOYLE	23:53.8	7:42	M	52	RALEIGH	NC	
2	512	FRANK BIGELOW	25:09.6	8:07	M	50	CARY	NC	
3	220	DANIEL HASSLER	26:11.0	8:27	M	54	DURHAM	NC	
4	168	DOUGLAS DENNER	26:16.0	8:28	M	52	DURHAM	NC	
5	315	VIC PEPPER	27:15.3	8:47	M	54	DURHAM	NC	
6	347	GUILLERMO SANCHEZ	28:39.4	9:15	M	52	CHAPEL HILL	NC	
7	284	DODIE MCDOW	29:53.1	9:38	M	51	BEXLEY	OH	Florence's Dozens of Cousins
8	432	ANDY SHULL	30:28.3	9:50	M	53	DURHAM	NC	
9	141	CHRISTOPHER CHAFE	31:43.8	10:14	M	53	TAKOMA PARK	MD	
10	166	RODNEY DELLI-GATTI	36:23.7	11:44	M	54	RALEIGH	NC	Delli-Gatti
11	305	TIM O'BRIEN	38:52.8	12:32	M	50	DURHAM	NC	First Pres Durham
12	207	ANTHONY GUARINO	43:54.7	14:10	M	54	CARY	NC	
13	312	JEFF PEARSON	46:47.9	15:05	M	50	DURHAM	NC	
14	125	RON BIRNBAUM	51:59.7	16:46	M	50	LOS ANGELES	CA	Zwernbaum
15	549	CHRISTOPHER GERGEN	1:02:08.3	20:03	M	51	DURHAM	NC	Trinity Park Tribe

#### MALES 55 - 59

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	239	TOM HUGHES	27:59.6	9:02	M	56	DURHAM	NC	
2	427	JOHN MITTERLING	28:14.8	9:06	M	58	CHAPEL HILL	NC	
3	108	JEFFREY BACHAR	35:29.9	11:27	M	55	ASHEVILLE	NC	
4	411	BRIAN BRIGMAN	50:43.5	16:22	M	55	DURHAM	NC	First Pres Durham
5	282	TOM MCCALLUM	51:05.3	16:29	M	57	DURHAM	NC	
6	403	EDWARD WYATT	52:03.5	16:47	M	59	WASHINGTON	DC	Florence's Dozens of Cousins

#### MALES 60 - 64

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	158	RICH DAMBERG	20:32.3	6:37	M	61	DURHAM	NC	
2	399	MICHAEL WILKINSON	24:10.1	7:48	M	61	MEBANE	NC	
3	308	TIMOTHY PARKER	26:58.1	8:42	M	60	WAKE FOREST	NC	
4	252	PAUL KEURIAN	27:28.5	8:52	M	60	DURHAM	NC	
5	277	DAVID MAURER	30:16.9	9:46	M	60	RALEIGH	NC	
6	359	GEORGE SIBLEY	31:21.2	10:07	M	64	CHAPEL HILL	NC	
7	405	KENNETH YOUNG	31:55.7	10:18	M	61	DURHAM	NC	
8	131	STEPHEN BREEN	36:55.1	11:55	M	62	YOUNGSVILLE	NC	

#### MALES 65 - 69

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	401	JOHN WOOD	27:02.2	8:43	M	66	DURHAM	NC	
2	331	BRANDON RICE	28:25.9	9:10	M	68	EFLAND	NC	Team PWS
3	238	GEORGE HOWE	35:35.4	11:29	M	66	RALEIGH	NC	
4	300	DAVE NEAL	44:44.4	14:26	M	65	CHAPEL HILL	NC	Team SAS
5	418	CHARLIE FISHER	1:02:24.4	20:08	M	65	CHAPEL HILL	NC	Luka The Lion

#### MALES 70 - 74

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	250	RALPH KARPINOS	38:52.4	12:32	M	71	CHAPEL HILL	NC	
2	310	STEVE PARSONS	46:12.7	14:54	M	70	RALEIGH	NC	Popcorn
3	111	KENNETH BARRETT	51:11.6	16:31	M	74	DURHAM	NC	

#### MALES 75 & Over

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	426	THOMAS F MCDOW	49:34.3	15:59	M	80	ROCK HILL	SC	
2	283	CLARKSON MCDOW	49:43.4	16:02	M	77	ROCK HILL	SC	

#### FEMALES 14 & Under

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	178	ELOISE EGGER	23:10.0	7:28	F	13	DURHAM	NC	
2	358	FRANKIE SHEPPARD OLEN	23:10.0	7:28	F	12	DURHAM	NC	
3	122	GWYNETH BERNHARDT	23:37.1	7:37	F	14	DURHAM	NC	

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
4	221	REBECCA HASSLER	24:55.3	8:02	F	13	DURHAM	NC	
5	297	LUCIANA MONAST	25:37.9	8:16	F	13	DURHAM	NC	
6	438	ANDASIA TARR	27:50.4	8:59	F	8	DURHAM	NC	
7	182	KAREEMA ELGENK	27:54.6	9:00	F	9	DURHAM	NC	
8	430	SOLEI REALE	28:18.8	9:08	F	11	DURHAM	NC	
9	279	MARGOT MAURER	30:16.9	9:46	F	8	RALEIGH	NC	
10	230	SUSANA HENRY	31:45.6	10:15	F	11	CARRBORO	NC	Environmental Defense Fund
11	449	LILO GOLDSTEIN	32:07.0	10:22	F	12	DURHAM	NC	
12	415	ELLIE EVERETT	32:07.1	10:22	F	12	DURHAM	NC	
13	324	KIRA PREMAKUMAR	32:07.4	10:22	F	11	DURHAM	NC	Team Jodi
14	156	ISA CUMMINGS	32:13.3	10:24	F	13	DURHAM	NC	
15	386	BLYTHE VIRDIN	32:29.5	10:29	F	8	DURHAM	NC	
16	352	ASHA SCHNEIDERMAN	33:09.0	10:42	F	8	DURHAM	NC	
17	223	ALICE HEERY	34:08.3	11:01	F	9	DURHAM	NC	
18	342	ELIZA GRACE RUTHERFORD	34:09.0	11:01	F	10	DURHAM	NC	
19	444	CAROLINE VANDERSEA	34:15.9	11:03	F	14	CHAPEL HILL	NC	OMSA
20	447	SARAH VANDERSEA	34:16.9	11:03	F	12	CHAPEL HILL	NC	OMSA
21	317	MAGGIE PHILLIPS	34:34.2	11:09	F	11	DURHAM	NC	
22	113	DOT BARRON	35:26.1	11:26	F	11	DURHAM	NC	
23	145	IDA CLARKE	40:23.4	13:02	F	10	CARRBORO	NC	
24	343	MERCER ANNE RUTHERFORD	40:48.3	13:10	F	12	DURHAM	NC	
25	115	RUBY BARRON	40:50.3	13:10	F	13	DURHAM	NC	
26	227	LUCY HEERY	40:56.4	13:12	F	12	DURHAM	NC	
27	272	ZOE MASLOW	45:49.4	14:47	F	10	DURHAM	NC	Zammy Zander Team
28	242	OLIVIA JANES	46:13.7	14:55	F	6	RALEIGH	NC	Popcorn
29	243	ZOEY JANES	46:16.4	14:55	F	5	RALEIGH	NC	Popcorn
30	188	MAIA FISHER	48:57.3	15:47	F	10	DURHAM	NC	Luka The Lion
31	270	MAYA MASLOW	1:00:55.9	19:39	F	7	DURHAM	NC	Zammy Zander Team
32	225	HAZEL HEERY	1:02:26.4	20:08	F	6	DURHAM	NC	

#### FEMALES 15 - 19

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	413	LILY BRIGMAN	23:33.3	7:36	F	18	DURHAM	NC	First Pres Durham
2	425	CHANNING MAHANEY	24:42.0	7:58	F	16	HILLSBOROUGH	NC	Duke ABD
3	419	LAURA GARCIA	24:47.3	8:00	F	17	HILLSBOROUGH	NC	Duke ABD
4	336	SARA RICHARDS	26:44.0	8:37	F	15	ROCK HILL	SC	
5	648	ELLA TUTTLE	28:35.8	9:13	F	16	DURHAM	NC	
6	446	RACHEL VANDERSEA	34:44.4	11:12	F	17	CHAPEL HILL	NC	OMSA
7	424	ISABEL JONES	36:59.2	11:56	F	17	HILLSBOROUGH	NC	Duke ABD
8	431	SYDNEY ROGERS	37:07.1	11:58	F	17	HILLSBOROUGH	NC	Duke ABD
9	414	JADIE ENOCHS	48:49.3	15:45	F	17	RICHMOND	VA	
10	210	BEA GUMBINNER	49:39.3	16:01	F	15	WASHINGTON	DC	Florence's Dozens of Cousins
11	1	LAURA MCDOW	50:07.3	16:10	F	18	DURHAM	NC	Florence's Dozens of Cousins
12	316	EVA PETRELLA	50:07.5	16:10	F	18	CHAPEL HILL	NC	
13	211	ELLA GUMBINNER	50:08.6	16:10	F	16	WASHINGTON	DC	Florence's Dozens of Cousins
14	319	KALEY PIGNONE	50:09.4	16:11	F	18	DURHAM	NC	
15	247	ISABEL KAGAN	50:25.0	16:16	F	18	DURHAM	NC	SoDu Fast Talkers
16	375	CHARLOTTE TURNER	51:46.1	16:42	F	16	COLUMBUS	OH	Florence's Dozens of Cousins

#### FEMALES 20 - 24

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	260	CLAIRE LO	22:41.0	7:19	F	24	DURHAM	NC	

#### FEMALES 25 - 29

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	294	BROOKE MCNICHOLAS	24:08.9	7:47	F	28	ABERDEEN	NC	Ladies of the Foothills
2	205	CAIT GREENE	27:25.2	8:51	F	29	DURHAM	NC	
3	197	HEATHER FROGGATT	27:25.4	8:51	F	28	DURHAM	NC	
4	330	STEPHANIE REDDICK	28:37.9	9:14	F	28	ABERDEEN	NC	Ladies of the Foothills

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
5	368	GRACE STAFFORD	33:36.1	10:50	F	25	DURHAM	NC	Runbuds
6	254	KENDALL KOPCHICK	41:17.7	13:19	F	26	MORRISVILLE	NC	

#### FEMALES 30 - 34

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	321	MARAIS PLETSCH	25:38.7	8:16	F	31	DURHAM	NC	
2	244	KELLY JOHNSON	28:35.8	9:13	F	32	RALEIGH	NC	Luka The Lion
3	169	GINA DESORCIE	31:50.6	10:16	F	30	DURHAM	NC	Run Sweat and Beers
4	129	AMY BOWERS	32:17.4	10:25	F	30	DURHAM	NC	
5	370	AMANDA STEM	35:31.3	11:27	F	31	ASHEVILLE	NC	
6	119	ERICA BENTLEY	36:23.4	11:44	F	32	DURHAM	NC	
7	396	AMANDA WHITE	36:25.7	11:45	F	34	HILLSBOROUGH	NC	
8	434	JESSICA SHURER	38:30.4	12:25	F	34	DURHAM	NC	
9	137	ERIN CARROLL	42:36.9	13:45	F	31	DURHAM	NC	Runbuds
10	195	NICOLE FRATRIK	45:18.0	14:37	F	34	VIRGINIA BEACH	VA	
11	253	ALISON KILBURN	51:31.7	16:37	F	32	RALEIGH	NC	

#### FEMALES 35 - 39

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	219	KATIE HARMON	24:07.2	7:47	F	37	DURHAM	NC	
2	306	NASHUA ORABY	28:10.5	9:05	F	38	DURHAM	NC	
3	175	WHITNEY DOYLE	29:59.0	9:40	F	36	RALEIGH	NC	
4	135	TARA CARLSON	32:20.8	10:26	F	35	DURHAM	NC	
5	174	KENDELL DOYLE	36:23.8	11:44	F	35	DURHAM	NC	
6	134	HEATHER BUCUREL	36:24.8	11:45	F	38	CARRBORO	NC	#PineLife
7	202	KATHERINE GOLDSTEIN	39:22.7	12:42	F	38	DURHAM	NC	
8	369	JACKIE STEBBINS	39:24.1	12:43	F	38	BISMARCK	ND	
9	285	LAUREN MCDOW	43:16.4	13:57	F	39	ATLANTA	GA	Florence's Dozens of Cousins
10	194	AMANDA FRATRIK	45:22.0	14:38	F	37	CHAPEL HILL	NC	
11	241	NATALIE JANES	46:12.7	14:54	F	36	RALEIGH	NC	Popcorn
12	261	MARY MALONEY	48:15.1	15:34	F	38	HILLSBOROUGH	NC	
13	187	JULIA FISHER	51:07.6	16:29	F	39	DURHAM	NC	Luka The Lion

#### FEMALES 40 - 44

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	379	MIKA TWIETMEYER	23:32.0	7:35	F	40	DURHAM	NC	
2	332	ANNA RICHARDS	24:58.2	8:03	F	42	ROCK HILL	SC	
3	128	VICTORIA BOSTICK	25:01.5	8:04	F	41	DURHAM	NC	
4	264	CHRISTINA MARTINSON	25:02.4	8:05	F	42	DURHAM	NC	Runbuds
5	170	LAUREN DIBIASE	25:39.6	8:16	F	44	DURHAM	NC	
6	217	KATIE HANCZARYK	27:43.8	8:56	F	44	DURHAM	NC	
7	213	RACHEL GUTHRIE	28:12.7	9:06	F	40	DURHAM	NC	
8	374	SANIA TONG ARGAO	28:54.9	9:19	F	44	DURHAM	NC	
9	229	LUCY HENRY	29:35.7	9:33	F	44	CARRBORO	NC	Environmental Defense Fund
10	200	SARAH GELFAND	30:16.8	9:46	F	44	DURHAM	NC	
11	395	LAURIE WEICHER	30:32.4	9:51	F	42	RALEIGH	NC	First Pres Durham
12	435	COLLEEN SPAGNARDI	30:34.3	9:52	F	40	DURHAM	NC	
13	409	LINDSEY BICKERS BOCK	31:02.1	10:01	F	41	DURHAM	NC	
14	351	CHRISTINA SCHEPER	31:17.7	10:05	F	40	DURHAM	NC	
15	190	KELLY FLEMING	31:53.8	10:17	F	42	DURHAM	NC	
16	130	KATE BOWLER	32:30.2	10:29	F	41	DURHAM	NC	
17	392	KELLY WEAVER	32:50.0	10:35	F	42	CHAPEL HILL	NC	
18	344	MORGAN RUTHERFORD	32:57.5	10:38	F	41	DURHAM	NC	
19	255	JULIA KULLA-MADER	34:09.9	11:01	F	43	DURHAM	NC	Runbuds
20	171	NATALIE DOLAN	36:56.1	11:55	F	44	DURHAM	NC	Runbuds
21	118	MICHELLE BENHAM	38:31.5	12:25	F	40	DURHAM	NC	Runbuds
22	109	ELIZABETH BALTARO	39:17.6	12:40	F	40	DURHAM	NC	
23	147	JILL CORDELL	40:36.2	13:06	F	44	DURHAM	NC	
24	214	ISELA GUTIERREZ	41:35.4	13:25	F	42	DURHAM	NC	

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
25	437	CAROLINE SWEEZY	52:01.4	16:47	F	40	RALEIGH	NC	Florence's 5200 Friends
26	269	KIM MASLOW	1:01:12.4	19:45	F	42	DURHAM	NC	Zammy Zander Team
27	226	KRISTIN HEERY	1:02:08.3	20:03	F	42	DURHAM	NC	

#### FEMALES 45 - 49

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	357	LORRAINE SEASE	24:45.3	7:59	F	46	DURHAM	NC	
2	367	TAMARA SOMERS	24:53.5	8:02	F	45	DURHAM	NC	
3	107	KATE ARTIN	25:44.7	8:18	F	45	DURHAM	NC	Runbuds
4	212	ROBYN GUNN	25:57.8	8:22	F	45	DURHAM	NC	
5	112	CLARE BARRINGTON	27:58.6	9:01	F	46	DURHAM	NC	
6	445	KAREN VANDERSEA	28:34.9	9:13	F	49	CHAPEL HILL	NC	OMSA
7	121	EMILY BERNHARDT	30:19.1	9:47	F	47	DURHAM	NC	
8	304	AMY OAKLEY	30:37.5	9:53	F	45	DURHAM	NC	
9	280	TRACEY MAURER	31:29.6	10:09	F	47	DURHAM	NC	
10	133	AMY BRYANT	33:09.0	10:42	F	49	DURHAM	NC	
11	298	JESSICA MORSE	33:15.5	10:44	F	49	DURHAM	NC	
12	436	ALISON STACKPOLE	33:31.0	10:49	F	45	CARRBORO	NC	
13	136	ANNE CARNEY	34:11.5	11:02	F	48	CAMBRIDGE	MA	
14	186	MICHELLE EWY	34:11.9	11:02	F	48	SPRINGFIELD	VA	
15	646	CARRIE TUTTLE	34:51.4	11:15	F	47	DURHAM	NC	
16	417	SHERRY EVERETT	36:46.7	11:52	F	45	DURHAM	NC	
17	428	HEATHER PAICH	36:57.2	11:55	F	45	DURHAM	NC	
18	140	KELLI CATO	42:48.0	13:48	F	49	DURHAM	NC	
19	385	CAROLINE VAZQUEZ-LOPEZ	44:17.3	14:17	F	46	DURHAM	NC	
20	400	ANNE WOLFLEY	47:35.7	15:21	F	45	DURHAM	NC	
21	339	CRIS RIVERA	50:25.5	16:16	F	49	DURHAM	NC	First Pres Durham
22	209	GRETEL GUEST	50:55.5	16:25	F	49	DURHAM	NC	SoDu Fast Talkers
23	314	ALICIA PEPPER	51:53.9	16:44	F	46	DURHAM	NC	
24	303	ABIGAIL NORRIS TURNER	51:59.7	16:46	F	46	COLUMBUS	OH	Florence's Dozens of Cousins
25	381	HEATHER VAN MATER	52:01.8	16:47	F	47	HILLSBOROUGH	NC	Duke ABD
26	320	CAROLYN PIZOLI	52:02.9	16:47	F	47	CHAPEL HILL	NC	Duke ABD
27	288	MAGGIE MCDOW	52:03.5	16:47	F	48	WASHINGTON	DC	Florence's Dozens of Cousins
28	391	CRISTA WALTERS	52:03.6	16:47	F	48	EFLAND	NC	Duke ABD
29	361	CHRISTIE SMITH	52:03.8	16:47	F	46	HILLSBOROUGH	NC	Florence's 5200 Friends
30	114	KATY BARRON	1:02:12.1	20:04	F	46	DURHAM	NC	
31	372	BETH STRINGFIELD	1:03:00.6	20:19	F	46	DURHAM	NC	First Pres Durham

#### FEMALES 50 - 54

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	327	SARAH PRICE	23:35.5	7:36	F	50	CHARLOTTE	NC	
2	176	GENEVIEVE DYSON	28:59.0	9:21	F	51	RALEIGH	NC	
3	143	DIANE CHERRY	29:36.9	9:33	F	54	RALEIGH	NC	
4	654	JACQUELINE WEISS	29:50.2	9:37	F	52	NEW YORK	NY	
5	101	KRISSY ANDERSON	31:16.3	10:05	F	50	DURHAM	NC	
6	448	JULIE DODGE	33:31.8	10:49	F	50	DURHAM	NC	
7	167	BOBBI DENNER	36:03.8	11:38	F	54	DURHAM	NC	
8	240	AMELIA JACKSON	36:33.1	11:47	F	52	CHAPEL HILL	NC	
9	262	EVE MARION	37:01.6	11:56	F	52	DURHAM	NC	
10	235	ANDREA HOFF	38:40.3	12:28	F	54	DURHAM	NC	Runbuds
11	256	LYDIA KWEE	41:01.1	13:14	F	50	DURHAM	NC	
12	165	DIONNE DELLI-GATTI	45:24.5	14:39	F	52	RALEIGH	NC	Delli-Gatti
13	322	MEG POE	45:40.3	14:44	F	53	HILLSBOROUGH	NC	Team PWS
14	390	MENDI WAGONER	46:19.7	14:56	F	53	DURHAM	NC	Runbuds
15	204	ALLISON GRAY	49:23.4	15:56	F	51	RALEIGH	NC	
16	172	MINDY DOUGLAS	50:21.0	16:15	F	52	DURHAM	NC	First Pres Durham
17	412	KRISTEN BRIGMAN	50:21.0	16:15	F	54	DURHAM	NC	First Pres Durham
18	281	KATRINKA MCCALLUM	51:07.6	16:29	F	54	DURHAM	NC	
19	334	LAURIE RICHARDS	51:43.6	16:41	F	53	DURHAM	NC	

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
20	408	LISA ZWERLING	51:48.0	16:43	F	53	LOS ANGELES	CA	Zwernbaum
21	355	KRISTEN SCHUTZ	52:05.9	16:48	F	53	CARY	NC	Duke ABD
22	248	LAURA KAGAN	52:05.9	16:48	F	54	DURHAM	NC	SoDu Fast Talkers

#### FEMALES 55 - 59

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	393	CINDY WEBSTER	24:58.3	8:03	F	57	CHAPEL HILL	NC	
2	206	KELLEY GROGAN	29:31.9	9:31	F	56	DURHAM	NC	
3	323	MARIA POWERS	36:10.0	11:40	F	56	DURHAM	NC	Runbuds
4	311	MOLLY PASCA	42:40.9	13:46	F	58	DURHAM	NC	
5	127	DONNA BORTNER	42:41.7	13:46	F	59	DURHAM	NC	
6	313	KIM PEARSON	46:47.6	15:05	F	56	DURHAM	NC	
7	293	BETH MCLENDON-ARVIK	52:03.5	16:47	F	55	DURHAM	NC	SoDu Fast Talkers

#### FEMALES 60 - 64

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	398	KARI WILKINSON	27:02.2	8:43	F	60	MEBANE	NC	
2	338	CHERYL RIGGINS	42:22.7	13:40	F	60	WAKE FOREST	NC	
3	301	LISA NEAL	44:39.4	14:24	F	62	CHAPEL HILL	NC	Team SAS
4	191	MIKKI FLEMING	45:39.4	14:44	F	62	EFLAND	NC	Team PWS
5	245	FELICIA JOYNER	46:11.6	14:54	F	63	DURHAM	NC	Runbuds
6	138	KATHY CARTER	47:47.2	15:25	F	63	DURHAM	NC	
7	422	KATHRYN HERZOG	49:17.4	15:54	F	60	RICHMOND	VA	
8	139	JAYNE CASH	51:49.2	16:43	F	62	CHAPEL HILL	NC	Florence's 5200 Friends

#### FEMALES 66 - 69

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	232	PAMELA HERBERT	35:45.6	11:32	F	67	DURHAM	NC	
2	233	NANCY HERNDON	38:40.4	12:28	F	66	DURHAM	NC	Runbuds
3	251	SHEILA KERRIGAN	40:26.1	13:03	F	69	CHAPEL HILL	NC	
4	429	STACY PARKER-FISHER	1:02:22.4	20:07	F	66	CHAPEL HILL	NC	Luka The Lion

#### FEMALES 70 - 74

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	309	LIZ PARSONS	46:17.7	14:56	F	71	RALEIGH	NC	Popcorn
2	360	LEE-ALISON SIBLEY	48:50.9	15:45	F	71	CHAPEL HILL	NC	

#### FEMALES 75 & Above

Position	Bib	Name	FINISH	Pace	Gender	Age	City	State	Team Name
1	201	DIANE GOFF	50:09.4	16:11	F	79	DURHAM	NC	
2	110	ELLEN BARRETT	51:07.5	16:29	F	80	DURHAM	NC	
3	271	PEGGY MASLOW	51:33.9	16:38	F	75	DURHAM	NC	Zammy Zander Team
4	289	MARY ANN MCDOW	1:03:06.7	20:21	F	76	ROCK HILL	SC	