

2013 Florence Forth

5K Age Group Results

3/2/2013

Males Overall in 5K

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	615	Michael Fucci	17:55.49	5:47	Durham	NC	23	Bull City Track Club
2	785	Matt Palmgren	20:01.60	6:27	Raleigh	NC	43	Genworth
3	719	Tom Martin	20:20.51	6:34	Cary	NC	34	Genworth

Females Overall in 5K

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	749	Maggie Monast	21:48.23	7:02	Durham	NC	27	Environmental Defense Fund
2	572	Jennifer Dixon	22:51.68	7:22	Durham	NC	27	Bull City Track Club
3	712	Jessica MacFarlane	23:06.52	7:27	Durham	NC	23	

Overall Male Masters in 5K

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	353	Brian Stull	21:22.15	6:54	Durham	NC	41	
2	852	Dustin Taylor	21:55.13	7:04	Charlotte	NC	42	
3	747	Christopher Mincey	23:59.84	7:44	Durham	NC	41	

Overall Female Masters in 5K

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	354	Kim Sulman	24:16.24	7:50	Durham	NC	46	Talzo Health & Fitness
2	533	May Bryan	24:26.03	7:53	Chapel Hill	NC	42	Davidson College
3	890	Lynda Wileman	25:13.04	8:08	Hillsborough	NC	43	Duke Pediatric Rheumatology

Males 19 & Under

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	583	Charlie Dvergsten	22:46.55	7:21	Hillsborough	NC	11	Duke Peds Rheumatology
2	756	Max Moses	25:55.92	8:22	Efland	NC	11	Friends of Eggers
3	366	Matthew Amons	26:11.77	8:27	Durham	NC	19	
4	524	Mason Boggess	26:59.98	8:42	Chapel Hill	NC	12	
5	598	Vinton Euler	28:33.52	9:13	Durham	NC	8	
6	805	Hunter Richards	28:46.98	9:17	Rock Hill	SC	11	
7	563	Webb Cummings	29:16.53	9:26	Durham	NC	7	
8	527	Harrison Bowman	29:39.84	9:34	Charlotte	NC	9	
9	650	Jordan Hall	30:58.18	9:59	Indian Trail	NC	14	Duke Pediatric Rheumatology
10	891	Tom Wileman	30:59.34	9:59	Hillsborough	NC	10	Duke Pediatric Rheumatology
11	512	Samuel Bartlett	31:18.71	10:06	Durham	NC	8	McDow friends/admirers
12	633	John Rust	31:32.81	10:10	Durham	NC	9	
13	694	Caleb Keaveney	32:58.89	10:38	Durham	NC	11	Friends of Eggers
14	859	Josh Van Mater	34:10.13	11:01	Hillsborough	NC	10	Duke Pediatric Rheumatology
15	693	Aidan Keaveney	34:56.23	11:16	Durham	NC	11	Friends of Eggers
16	736	Solomon McDow	35:49.23	11:33	Bexley	OH	7	Florence's Dozens of Cousins
17	820	Chris Rumsey	37:46.58	12:11	Indian Trail	NC	17	Duke Pediatric Rheumatology
18	812	Munroe Robinson	38:10.96	12:19	Rock Hill	SC	9	Oakland Avenue Presbyterian Church
19	591	Oliver Egger	41:33.67	13:24	Durham	NC	11	Team Sasha
20	631	Lennox Goslin	42:19.26	13:39	Durham	NC	8	
21	681	Jacob Jackson	42:22.51	13:40	Benson	NC	10	Team Ellen Whittington
22	582	Quentin DuVal-Smith	43:18.03	13:58	Durham	NC	8	George Watts friends
23	834	Abraham Sousa	44:35.18	14:23	Durham	NC	4	
24	861	Lucas Van Mater	45:46.98	14:46	Hillsborough	NC	4	Duke Pediatric Rheumatology
25	699	Carter Kegley	49:57.05	16:07	Wytheville	VA	9	Goff Family
26	730	Franklin McDow	51:26.98	16:35	Bexley	OH	9	Florence's Dozens of Cousins
27	896	Benjamin Wyant	59:01.96	19:02	Durham	NC	1	Duke Pediatric Neurology

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
28	690	Corey Amons	1:00:05.78	19:23	Durham	NC	16	

Males 20-29

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	830	Daniel Shulman	21:46.59	7:01	Durham	NC	24	
2	398	Justin Tosco	22:21.60	7:13	Durham	NC	29	
3	875	Michael Watts	24:17.08	7:50	Chapel Hill	NC	29	
4	802	Ben Rardin	25:31.45	8:14	Chapel Hill	NC	22	
5	844	Geordan Stroud	26:49.43	8:39	Chapel Hill	NC	21	Friends of Eggers
6	560	Jeremy Crouthamel	26:50.11	8:39	Chapel Hill	NC	25	Pub Pol Pacers
7	741	Matthew McKirahan	28:10.07	9:05	Durham	NC	26	UNC School of Government
8	893	Brandon Wolford	28:28.97	9:11	Wytheville	VA	25	Goff Family
9	661	Toby Heineck	29:48.63	9:37	Durham	NC	28	
10	612	John Franklin	30:48.38	9:56	Wake Forest	NC	28	
11	544	Jason Chavarria	41:05.25	13:15	Durham	NC	23	Team Sasha
12	854	Derek Tuttle	45:54.69	14:48	Winston-Salem	NC	20	
13	646	Stanley Halka	47:17.87	15:15	Raleigh	NC	26	
14	718	Ryan Martin	1:00:29.91	19:31	Mechanicsville	VA	26	Goff Family

Males 30-39

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	883	Benjamin White	21:01.99	6:47	Carrboro	NC	32	Carrboro Fleet Feet Pub Run
2	622	Geoff Gisler	21:15.14	6:51	Carrboro	NC	33	
3	534	Kevin Buckingham	23:28.32	7:34	Knightdale	NC	33	Triangle Community Foundation
4	510	Caleb Baker	24:52.15	8:01	Durham	NC	37	Triangle Community Foundation
5	783	Greg Andeck	25:48.65	8:19	Chapel Hill	NC	31	Environmental Defense Fund
6	532	Michael Bruno	25:57.46	8:22	Durham	NC	35	
7	872	Brandon Warner	26:32.66	8:34	Durham	NC	36	
8	618	Christopher Galik	27:08.54	8:45	Durham	NC	35	
9	546	David Clark	27:22.43	8:50	Winston-Salem	NC	32	
10	784	Lacy McMahon	28:48.59	9:17	Raleigh	NC	38	
11	552	Ryan Cook	30:18.96	9:46	Raleigh	NC	30	
12	597	Kurt Euler	30:25.17	9:49	Durham	NC	39	
13	607	Chad Flickinger	30:30.04	9:50	Durham	NC	33	RunBuds
14	621	Raphael Ginsberg	30:34.87	9:52	Durham	NC	35	
15	662	Daniel Henderson	31:28.55	10:09	Durham	NC	31	
16	882	Rowdy Westbrook	31:35.47	10:11	Durham	NC	32	
17	876	Lucas Weber	32:50.19	10:35	Durham	NC	32	
18	857	David Van Mater	34:10.72	11:01	Hillsborough	NC	37	Duke Pediatric Rheumatology
19	722	Josh McCall	35:46.75	11:32	Durham	NC	32	
20	604	James Flaig	38:25.13	12:24	Raleigh	NC	38	Genworth
21	520	Eddie Black	40:31.43	13:04	Rock Hill	SC	33	Rock Hill Racy Bunch
22	651	Joseph Hall	46:45.90	15:05	Glen Allen	VA	33	Duke Pediatric Rheumatology
23	698	Bradley Kegley	49:58.21	16:07	Wytheville	VA	33	Goff Family
24	678	Andrew Hutson	55:05.87	17:46	Durham	NC	38	Environmental Defense Fund
25	898	Victor Wyant	59:07.10	19:04	Durham	NC	34	Duke Pediatric Neurology
26	625	Lance Goff	1:00:31.47	19:31	Charlotte	NC	30	

Males 40-49

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	575	Brian Doyle	25:00.48	8:04	Raleigh	NC	43	Genworth
2	705	Robert Lark	25:06.15	8:06	Chapel Hill	NC	40	
3	568	Thomas DePeal	28:51.88	9:18	Durham	NC	45	
4	761	David Mountain	29:00.54	9:21	Durham	NC	46	
5	562	Drew Cummings	29:16.64	9:26	Durham	NC	40	
6	542	Randy Chambers	29:27.10	9:30	Durham	NC	42	

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
7	525	Aaron Bowman	30:09.19	9:44	Charlotte	NC	41	
8	746	David Mills	30:18.35	9:46	Durham	NC	44	
9	556	Tom Cors	30:53.41	9:58	Carrboro	NC	43	McDow friends/admirers
10	513	Tucker Bartlett	31:19.51	10:06	Durham	NC	40	McDow friends/admirers
11	632	Adam Rust	31:32.74	10:10	Durham	NC	44	
12	586	Jeff Dvergsten	32:10.65	10:23	Hillsborough	NC	49	Duke Peds Rheumatology
13	777	Leif Olson	34:20.18	11:05	Glenmoore	PA	40	Thunderbirds
14	808	Billy Robinson	38:52.08	12:32	Rock Hill	SC	44	Oakland Avenue Presbyterian Church
15	774	Bill O'Shea	42:06.00	13:35	Durham	NC	49	RunBuds
16	836	Greg Sousa	44:37.48	14:24	Durham	NC	43	
17	640	Jeff Gumbinner	45:35.59	14:42	Washington	DC	42	Florence's Dozens of Cousins
18	657	Shawn Hays	50:32.58	16:18	Durham	NC	41	Duke Pediatric Rheumatology
19	817	Chuck Rouse	58:35.91	18:54	Raleigh	NC	49	NSOE alums
20	864	Patrick Vernon	59:15.91	19:07	Chapel Hill	NC	46	
21	885	Brian Whittington	1:02:18.18	20:06	Dunn	NC	45	Team Ellen Whittington

Males 50-59

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	762	Robert Naylor	24:07.29	7:47	Chapel Hill	NC	50	
2	755	John Moses	27:47.97	8:58	Efland	NC	57	Friends of Eggers
3	769	Richard Nicholson	34:45.90	11:13	Rock Hill	SC	57	Rock Hill's oldest
4	548	Bill Comfort	36:52.73	11:54	Kirkwood	MO	50	
5	846	Nathan Swanson	44:20.47	14:18	Durham	NC	54	
6	695	David Keaveney	48:31.75	15:39	Durham	NC	55	Friends of Eggers
7	778	Jim Orlopp	50:44.90	16:22	Durham	NC	50	
8	686	Michael Johnson	52:14.78	16:51	Carrboro	NC	59	SELC

Males 60 & Over

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	554	Hamilton Cooke	27:07.67	8:45	Jacksonville	FL	72	
2	711	Regis Lyons	36:02.19	11:37	Durham	NC	69	
3	649	John Hall	46:46.18	15:05	Indian Trail	NC	70	Duke Pediatric Rheumatology
4	570	Spence Dickinson	48:29.19	15:38	Chapel Hill	NC	64	Team Spence
5	577	Mark Drummond	50:20.08	16:14	Raleigh	NC	60	Genworth
6	674	Robert Hopkins	58:07.97	18:45	Rock Hill	SC	70	Oakland Avenue Presbyterian
7	758	Robert Moss	58:32.17	18:53	Rock Hill	SC	71	Oakland Avenue Presbyterian Church
8	803	Donald Reid	1:00:24.53	19:29	Chapel Hill	NC	60	Team Sasha

Females 19 & Under

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	800	Ana Profeta	23:14.15	7:30	Durham	NC	12	
2	879	Morgan Werner	24:50.21	8:01	Rock Hill	SC	10	Oakland Avenue Presbyterian Church
3	759	Madeleine Mount-Cors	25:18.66	8:10	Carrboro	NC	12	McDow friends/admirers
4	754	Elise Moses	25:49.98	8:20	Efland	NC	11	Friends of Eggers
5	644	Lylah Guzynski	28:10.09	9:05	Durham	NC	13	
6	692	Anna Kasibhatla	28:33.35	9:13	Durham	NC	15	First Presbyterian Church
7	899	Irene Zhang	28:43.27	9:16	Durham	NC	13	
8	654	Katie Rose Hand	29:50.19	9:37	Chapel Hill	NC	15	Team Gold Hand
9	887	Jenna Whittington	30:14.06	9:45	Dunn	NC	17	Team Ellen Whittington
10	851	Zoe Tallmadge	30:38.96	9:53	Durham	NC	12	
11	518	Hannah Bernhardt	30:43.36	9:55	Durham	NC	9	George Watts friends
12	526	Elizabeth Bowman	32:24.36	10:27	Charlotte	NC	0	
13	860	Katelyn Van Mater	32:30.09	10:29	Hillsborough	NC	7	Duke Pediatric Rheumatology
14	731	Laura McDow	33:47.29	10:54	Durham	NC	9	Florence's Sister
15	670	Hailey Hirschman	35:31.85	11:27	Chapel Hill	NC	8	
16	509	Lib Avery	35:38.19	11:30	Raleigh	NC	16	State Girls

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
17	508	Elle Avery	35:41.19	11:31	Raleigh	NC	17	State Girls
18	889	Ellie Wileman	35:52.83	11:34	Hillsborough	NC	7	Duke Pediatric Rheumatology
19	571	Gwendolyn Dilworth	36:52.65	11:54	Durham	NC	15	
20	617	Minna Fullenkamp	37:00.75	11:56	Durham	NC	9	George Watts friends
21	871	Meredith Wall	37:13.45	12:00	Carrboro	NC	9	UNC School of Government
22	610	Libby Flowe	37:42.39	12:10	Durham	NC	8	George Watts friends
23	811	Mary Scott Robinson	38:12.53	12:19	Rock Hill	SC	11	Oakland Avenue Presbyterian Church
24	813	Sarah Wren Robinson	38:52.06	12:32	Rock Hill	SC	7	Oakland Avenue Presbyterian Church
25	734	Maggie McDow	39:07.32	12:37	Bexley	OH	12	Florence's Dozens of Cousins
26	628	Alice Goldstein-Plesser	39:12.64	12:39	Durham	NC	17	McDow friends/admirers
27	553	Olivia Gurley	39:48.21	12:50	Durham	NC	9	
28	521	Natalie Black	41:56.79	13:32	Rock Hill	SC	17	Rock Hill Racy Bunch
29	593	Heather Elliott	42:03.78	13:34	Raleigh	NC	16	State Girls
30	850	Subi Tallmadge	42:09.36	13:36	Durham	NC	6	
31	609	Eva Flowe	42:33.83	13:44	Durham	NC	10	George Watts friends
32	835	E. Sousa	44:35.26	14:23	Durham	NC	6	
33	639	Ella Gumbinner	45:35.93	14:42	Washington	DC	7	
34	838	Jadie Sperling	47:18.83	15:15	Durham	NC	8	
35	656	Caroline Hays	50:30.03	16:17	Durham	NC	10	Duke Pediatric Rheumatology
36	638	Bea Gumbinner	50:42.14	16:21	Washington	DC	6	Florence's Dozens of Cousins
37	606	Lauren Fleming	52:28.53	16:55	Auburn	AL	16	Gone with the wind
38	739	Kelly McGuire	56:19.46	18:10	Hillsborough	NC	14	Team Spence
39	865	Susanna Vernon	59:15.67	19:07	Chapel Hill	NC	5	
40	863	Kate Vernon	59:45.06	19:16	Chapel Hill	NC	3	
41	886	Ellen Whittington	1:02:19.29	20:06	Dunn	NC	13	Team Ellen Whittington

Females 20-29

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	614	Amy Fryt	23:06.70	7:27	Durham	NC	23	
2	768	Peggy Nicholson	23:35.04	7:36	Durham	NC	27	
3	806	Jennifer Rimbach	26:49.99	8:39	Cary	NC	25	Pub Pol Pacers
4	569	Alexandra Dest	28:04.40	9:03	Chapel Hill	NC	21	
5	636	Jenna Gregory	28:29.44	9:11	Wytheville	VA	20	Goff Family
6	708	Heather Leigh	29:23.23	9:29	Hillsborough	NC	29	
7	660	JoAnna Heineck	29:23.74	9:29	Durham	NC	29	
8	787	Lili Parrish	29:54.24	9:39	Chapel Hill	NC	23	
9	829	Emily Sharples	30:39.19	9:53	Durham	NC	28	Duke Law Canning Canterers
10	791	Abby Phillips	30:39.21	9:53	Cary	NC	29	Duke Law Canning Canterers
11	827	Sarah Schoenherr	30:43.02	9:55	Carrboro	NC	29	
12	703	Lindsay Knell	30:46.79	9:55	Chapel Hill	NC	29	
13	502	Jordan Adkins	31:00.57	10:00	Raleigh	NC	28	Duke Law Canning Canterers
14	720	Sarah Martindell	32:23.78	10:27	Durham	NC	26	Duke Divinity School
15	514	Joanna Bell	32:38.61	10:32	Raleigh	NC	24	Duke Law Canning Canterers
16	862	Lauren Vejvoda	32:47.91	10:35	Chapel Hill	NC	28	George Watts friends
17	664	Jessica Hendricks	33:35.86	10:50	Raleigh	NC	27	
18	655	Ashley Hardin	33:52.78	10:55	Raleigh	NC	27	Comfort Zone Camp
19	549	Amy Conkling	33:58.29	10:57	Raleigh	NC	21	
20	828	Sarah Shadron	33:59.66	10:58	Durham	NC	24	George Watts friends
21	713	Ilene Magrogan	34:09.99	11:01	Raleigh	NC	26	George Watts friends
22	752	Kathleen Moran	34:59.05	11:17	Durham	NC	27	RunBuds
23	710	Allison Long	35:13.96	11:22	Wilson	NC	24	
24	790	Lauren Perdue	35:46.45	11:32	Durham	NC	24	
25	648	Heidi Hall	35:56.81	11:35	Cornelius	NC	27	Duke Pediatric Rheumatology
26	616	Mary Margaret Fulk	36:22.31	11:44	Durham	NC	27	PBMT Pretty in Pink
27	714	Susan Magrogan	37:19.46	12:02	Raleigh	NC	23	George Watts friends
28	823	Nidhi Sachdeva	37:39.58	12:09	Chapel Hill	NC	29	

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
29	680	Kary Isenhour	39:06.80	12:37	Wilmington	NC	28	
30	538	Susannah Cahalan	40:24.31	13:02	Jersey City	NJ	28	
31	684	Nellie Jenkins	41:18.90	13:19	Columbia	SC	23	
32	592	Rebecca Egger	41:35.59	13:25	Durham	NC	21	Team Sasha
33	697	Ashley Kegley	44:20.18	14:18	Wytheville	VA	27	Goff Family
34	877	Allison Weinstein	45:38.46	14:43	Chapel Hill	NC	24	UNC School Psychology
35	596	Marisa Enrico	45:38.50	14:43	Carrboro	NC	27	UNC School Psychology
36	789	Meredith Pendry	45:54.35	14:48	Winston-Salem	NC	20	
37	869	Wendy Walker	46:30.02	15:00	Durham	NC	27	Team Sasha
38	868	Ben Walker	46:30.12	15:00	Durham	NC	28	Team Sasha
39	816	Samantha Rooney	47:17.54	15:15	Raleigh	NC	26	
40	605	Kathryn Fleming	52:27.89	16:55	Baltimore	MD	24	Gone with the wind
41	624	Ally Goff	1:00:31.53	19:31	Mechanicsville	VA	25	Goff Family

Females 30-39

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	773	Virginia O'Brien	25:23.79	8:11	Durham	NC	38	Duke Med/Psych
2	880	Elisa Wershba	27:26.24	8:51	Durham	NC	35	Duke Pediatric Rheumatology
3	634	Beth Graham	28:43.02	9:16	Wake Forest	NC	38	Duke Pediatric PT & OT
4	839	Laura Stanziale	29:11.18	9:25	Raleigh	NC	35	
5	587	Nancy Jane Earnhardt	30:18.79	9:46	Raleigh	NC	33	
6	873	Amanda Watson	30:21.21	9:47	Bahama	NC	34	Watts Friends
7	881	Heidi Westbrook	30:27.52	9:49	Durham	NC	30	
8	608	Ketti Flickinger	30:29.74	9:50	Durham	NC	31	RunBuds
9	620	Randi Garrett	30:42.39	9:54	Holly Springs	NC	39	
10	517	Emily Bernhardt	30:43.46	9:55	Durham	NC	38	George Watts friends
11	511	Kathleen Bartlett	31:19.08	10:06	Durham	NC	38	McDow friends/admirers
12	892	Laurie Williamson	31:31.83	10:10	Durham	NC	38	Trinity Park Tribe
13	867	London Wa	31:39.99	10:13	Durham	NC	38	
14	574	Julie Doring	31:51.97	10:16	Durham	NC	38	
15	767	Cora Nicholson	31:55.96	10:18	Rock Hill	SC	31	
16	753	Kendall Morgan	31:58.06	10:19	Durham	NC	38	
17	858	Heather Van Mater	32:31.05	10:29	Hillsborough	NC	38	Duke Pediatric Rheumatology
18	601	Leah Farley Monahan	33:01.22	10:39	Durham	NC	36	
19	671	Melissa Hlavac	33:56.89	10:57	Chapel Hill	NC	39	
20	529	Stephanie Brennan	34:00.06	10:58	Durham	NC	38	George Watts friends
21	788	Brooks Pearson	34:11.73	11:02	Durham	NC	35	SELC
22	856	Kate Van Dis	34:15.90	11:03	Durham	NC	35	
23	855	Anna Van Dis	34:16.30	11:03	Durham	NC	39	ATLAS Support Group
24	623	Susan Gisler	34:29.28	11:07	Carrboro	NC	30	
25	505	Kate Artin	34:42.26	11:12	Durham	NC	36	
26	663	Rayetta Henderson	34:52.46	11:15	Durham	NC	35	
27	547	Lauren Clark	34:52.53	11:15	Winston Salem	NC	34	
28	535	Meg Buckingham	34:54.50	11:15	Knightdale	NC	33	Triangle Community Foundation
29	721	Christina Martinson	34:57.73	11:16	Durham	NC	33	RunBuds
30	119	Rachel Boerner	35:10.40	11:21	Charlotte	NC	30	
31	501	Laurie Abler	35:18.74	11:23	Chapel Hill	NC	36	
32	874	Melissa Watt	35:19.30	11:24	Durham	NC	37	
33	536	Kim Buff	35:27.51	11:26	Durham	NC	35	
34	641	Maggie Gumbinner	37:00.31	11:56	Washington	DC	39	
35	824	Chelse Sanborn	37:31.36	12:06	Durham	NC	32	PBMT Pretty in Pink
36	603	Alison Flaig	38:25.32	12:24	Raleigh	NC	35	Genworth
37	819	Malena Rousseau	39:04.32	12:36	Chapel Hill	NC	32	
38	688	Rosemary Johnson	39:46.17	12:50	Durham	NC	30	RunBuds
39	630	Lauren Goslin	42:19.66	13:39	Durham	NC	38	
40	613	Jocelyn Friedman	43:16.04	13:57	Durham	NC	34	Easley Eagles

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
41	771	Abigail Norris Turner	45:37.51	14:43	Bexley	OH	37	Florence's Dozens of Cousins
42	647	Amy Hall	45:55.71	14:49	Glen Allen	VA	30	Duke Pediatric Rheumatology
43	804	Shamieka Rhinehart	47:20.80	15:16	Durham	NC	38	RunBuds
44	751	Dana Moore	47:21.44	15:16	Durham	NC	38	RunBuds
45	561	Amy Cummings	49:40.64	16:01	Durham	NC	38	
46	682	Natasha Jackson	49:49.04	16:04	Benson	NC	36	Team Ellen Whittington
47	709	Laura Lewandowski	50:30.31	16:17	Durham	NC	34	Duke Pediatric Rheumatology
48	842	Katie Stoudemire	54:35.03	17:36	Durham	NC	31	Green River Preserve
49	679	Meaghan Hutson	55:05.92	17:46	Durham	NC	33	
50	809	Jaime Robinson	58:35.40	18:54	Pineville	NC	36	NSOE alums
51	658	Jennifer Heard	58:36.37	18:54	Raleigh	NC	39	
52	780	Ilana Osten	58:40.86	18:55	Chapel Hill	NC	33	Duke Pediatric PT & OT
53	831	Christie Smith	58:43.75	18:56	Durham	NC	37	PBMT Pretty in Pink
54	847	Caroline Sweezy	58:43.75	18:56	Raleigh	NC	31	PBMT Pretty in Pink
55	897	Danielle Wyant	59:01.66	19:02	Durham	NC	34	Duke Pediatric Neurology
56	822	Julie Russell	59:27.98	19:11	Chapel Hill	NC	39	
57	626	Quinn Goff	1:00:29.33	19:31	Charlotte	NC	31	
58	588	Jennifer Eastman	1:29:52.89	28:59:00	Raleigh	NC	35	

Females 40-49

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	298	Jenni Owen	25:41.03	8:17	Durham	NC	45	
2	528	Kimberly Bowman	26:08.70	7:47	Charlotte	NC	42	Davidson College
3	555	Valerie Copeland	26:44.23	8:37	Chapel Hill	NC	44	Carrboro Fleet Feet Pub Run
4	760	Mary Faith Mount-Cors	27:15.49	8:47	Carrboro	NC	42	McDow friends/admirers
5	707	Chris Lehrich	27:15.98	8:47	Durham	NC	42	
6	744	Laura Meissner	28:34.86	9:13	Raleigh	NC	41	
7	643	Linda Guzynski	28:35.85	9:13	Durham	NC	47	
8	677	Karin Hoyt	28:48.73	9:17	Durham	NC	40	
9	595	Miles Engell	28:54.46	9:19	Raleigh	NC	43	Davidson College
10	689	Norma Joyner	28:56.13	9:20	Raleigh	NC	40	
11	676	Marya Howell	29:24.73	9:29	Davidson	NC	43	Davidson College
12	541	Heather Chambers	29:27.56	9:30	Durham	NC	43	
13	832	Cindy Soloe	30:10.41	9:44	Durham	NC	41	George Watts friends
14	782	Carrie Painter	30:10.42	9:44	Durham	NC	41	
15	531	Suzanne Brown	30:59.04	9:59	Kannapolis	NC	43	Davidson College
16	635	Heather Graham	31:31.81	10:10	Durham	NC	41	Trinity Park Tribe
17	843	Leslie Strong	32:37.97	10:31	Mebane	NC	44	
18	543	Jamie Chambliss	33:01.45	10:39	Durham	NC	40	
19	397	Joy Nicol	33:05.44	10:40	Durham	NC	43	
20	668	Sharon Hirsch	33:33.40	10:49	Durham	NC	47	
21	550	Camden Cook	33:55.53	10:56	Carrboro	NC	45	
22	506	Mary Maclean Asbill	34:26.06	11:06	Raleigh	NC	45	SELC
23	566	Donna Deck	34:58.69	11:17	Durham	NC	44	RunBuds
24	669	Caitlin Hirschman	35:32.65	11:28	Chapel Hill	NC	41	
25	507	Elle Avery	35:41.31	11:31	Raleigh	NC	44	State Girls
26	567	Lesa DePeal	35:45.23	11:32	Durham	NC	44	RunBuds
27	814	Sandra Rodriguez	36:18.32	11:43	Chapel Hill	NC	43	
28	696	Eileen Keaveney	36:18.82	11:43	Durham	NC	46	Friends of Eggers
29	537	Caryn Byrd	36:56.06	11:55	Durham	NC	49	
30	870	Aimee Wall	37:24.71	12:04	Carrboro	NC	41	UNC School of Government
31	833	Rachelle Sorrell	38:47.74	12:31	Durham	NC	42	
32	579	Nesly Duquene	39:47.33	12:50	Durham	NC	45	RunBuds
33	642	Susan Gurley	39:48.56	12:50	Durham	NC	44	George Watts friends
34	866	Tatjana Vujic	41:34.23	13:25	Durham	NC	41	
35	810	Mary Katherine Robinson	41:57.06	13:32	Rock Hill	SC	41	Davidson College

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
36	701	Katherine Kerr	41:58.73	13:32	Charlotte	NC	41	
37	594	Lori Elliott	42:03.19	13:34	Raleigh	NC	43	State Girls
38	775	Mary O'Shea	42:05.83	13:35	Durham	NC	41	RunBuds
39	772	Michelle Nowlin	42:09.58	13:36	Durham	NC	47	
40	611	Mollie Flowe	42:34.34	13:44	Durham	NC	40	George Watts friends
41	581	Kathleen DuVal	43:18.02	13:58	Durham	NC	43	George Watts friends
42	627	Laura Gold	44:18.70	14:17	Chapel Hill	NC	46	Team Gold Hand
43	653	Debbie Hand	44:18.72	14:17	Chapel Hill	NC	43	Team Gold Hand
44	837	Sara Sousa	44:35.35	14:23	Durham	NC	41	
45	652	Linda Hall	45:51.45	14:47	Indian Trail	NC	49	Duke Pediatric Rheumatology
46	845	Maria Susann	52:45.82	17:01	Chapel Hill	NC	40	Friends of Durham VA Cardiology
47	515	Ila Meredith Berkley	56:19.66	18:10	Chapel Hill	NC	48	Team Spence
48	540	Dawn Carsey	58:53.68	18:59	Chapel Hill	NC	47	First Presbyterian Church
49	888	Jennifer Whittington	1:02:18.60	20:06	Dunn	NC	45	Team Ellen Whittington

Females 50-59

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	659	Marilyn Hedgpeth	33:45.67	10:53	Durham	NC	59	First Presbyterian Church
2	584	Suzanne Dvergsten	34:15.23	11:03	Hillsborough	NC	51	Duke Peds Rheumatology
3	530	Karen Brown	34:55.16	11:16	Durham	NC	51	
4	522	Frayda Bluestein	35:18.13	11:23	Chapel Hill	NC	53	
5	794	Nora Policastro	35:20.66	11:24	Durham	NC	52	
6	504	Margaret Alexander	35:46.34	11:32	Gaithersburg	MD	54	UNC Law School
7	545	Rosalind Cheetham	36:26.20	11:45	Chapel Hill	NC	55	
8	792	Amy Plessner	39:38.48	12:47	Durham	NC	57	McDow friends/admirers
9	590	Helen Egger	41:30.37	13:23	Durham	NC	52	Team Sasha
10	578	Susan Dunlap	41:38.91	13:26	Durham	NC	57	First Presbyterian Church
11	702	Karen Kirchof	42:06.29	13:35	Hillsborough	NC	59	
12	700	Joy Kerner	42:59.87	13:52	Durham	NC	50	
13	715	Rebecca Maher	43:14.11	13:57	Durham	NC	58	
14	766	Brenda Nicholson	44:33.46	14:22	Rock Hill	SC	58	Rock Hill's oldest
15	799	Jane Preyer	46:41.44	15:04	Chapel Hill	NC	59	Environmental Defense Fund
16	667	Kathryn Herzog	47:38.48	15:22	Durham	NC	51	
17	602	Heather Ferguson	48:55.11	15:47	Chapel Hill	NC	51	
18	853	Jennifer Thompson	48:55.98	15:47	Chapel Hill	NC	50	
19	576	Jo Drummond	50:19.09	16:14	Raleigh	NC	59	Genworth
20	779	Sherry Orlopp	50:44.92	16:22	Durham	NC	50	Duke Pediatric PT & OT
21	672	Lisa Hollans	52:26.51	16:55	Auburn	AL	51	Gone with the wind
22	738	Ema McGuire	57:53.46	18:40	Hillsborough	NC	52	Team Spence
23	818	Ruth Rouse	58:37.45	18:55	Raleigh	NC	50	NSOE alums
24	599	Laurie Evans	58:53.53	18:59	Chapel Hill	NC	57	
25	704	Kathryn Krahenbuhl	1:00:05.53	19:23	Durham	NC	58	McDow friends/admirers
26	821	Holly Russell	1:00:23.80	19:29	Chapel Hill	NC	56	Team Sasha

Females 60 & Over

Place	Bib #	Name	Finish	Pace	City	State	Age	Team Name
1	797	Jeanie Presto	36:40.19	11:50	Rock Hill	SC	68	Rock Hill's oldest
2	683	Nell Jenkins	42:24.41	13:41	Columbia	SC	63	
3	687	Rae Johnson	49:26.01	15:57	Carrboro	NC	60	SELCC
4	735	Mary McDow	50:42.51	16:21	Rock Hill	SC	67	
5	673	Cathie Hopkins	58:01.37	18:43	Rock Hill	SC	66	Oakland Avenue Presbyterian
6	757	Mary Moss	58:32.36	18:53	Rock Hill	SC	68	Oakland Avenue Presbyterian Church
7	786	Kathy Parkins	1:00:05.77	19:23	Durham	NC	61	First Presbyterian Church